

DAVID KIRSCHENBAUM, M.D.
CURRICULUM VITAE

Office Address

557 Cranbury Road
Suite 10
East Brunswick, NJ 08816
732-238-8800

Undergraduate Education

Toms River High School North	1974-1978
Muhlenberg College, Allentown, PA	1978-1982 B.S.

Graduate Education

UMDNJ – Rutgers Medical School Piscataway, NJ	1982-1986 M.D.
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Postgraduate Training

INTERNSHIP

UMDNJ-Robert Wood Johnson Medical School New Brunswick, NJ	1986-1987 PGY-1 Intern, General Surgery
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RESIDENCY

UMDNJ-Robert Wood Johnson Medical School New Brunswick, NJ	1987-1991 PGY-2-5, Orthopaedic Surgery
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FELLOWSHIP

Hand Surgery Fellowship Thomas Jefferson University Hospital Philadelphia, Pennsylvania	1991-1992
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Employment

Orthopaedic Center of New Jersey 1527 Route 27 Somerset, NJ 08873	July 1992 - June 1998
Affiliated Orthopaedic Specialists	June 1998 – December 2021

2186 State Highway 27, Suite 1A
North Brunswick, NJ 08902

David Kirschenbaum, MD & Shawn Sieler, MD
Division of Mid Atlantic Orthopedic Associates, LLP
2186 State Highway 27, Suite 1A
North Brunswick, NJ 08902

January 2022 – November 2022

Mid Atlantic Orthopedic Associates, LLP
557 Cranbury Road
Suite 10
East Brunswick, NJ 08816

December 2022 -- Present

David Kirschenbaum, MD & Shawn Sieler, MD, LLC
557 Cranbury Road
Suite 10
East Brunswick, NJ 08816

December 2022 -- Present

Honors and Awards

National Honor Society: Toms River High School North

Phi Beta Kappa, Summa Cum Laude: Muhlenberg College

Alpha Omega Alpha: Rutgers Medical School

New Jersey Monthly Magazine Top Doctor 2010
New Jersey Monthly Magazine Top Doctor 2011
New Jersey Monthly Magazine Top Doctor 2012
New Jersey Monthly Magazine Top Doctor 2016
New Jersey Monthly Magazine Top Doctor 2017
New Jersey Monthly Magazine Top Doctor 2018
New Jersey Monthly Magazine Top Doctor 2025

A Division of USA Top Docs NJ Top Docs 2017
A Division of USA Top Docs NJ Top Docs 2018

Teaching Appointments

Clinical Assistant Professor, Department of Orthopaedic Surgery, UMDNJ-Rutgers Medical School

Hospital Appointments

Robert Wood Johnson University Hospital
1 Robert Wood Johnson Place
New Brunswick, New Jersey 08901

Active Staff

St. Peter's University Hospital
254 Easton Avenue
New Brunswick, New Jersey 08901

Active Staff

CARES Surgery Center
240 Easton Avenue
New Brunswick, New Jersey 08901

Active Staff

Raritan Bay Medical Center
One Hospital Plaza
Old Bridge, NJ 08857

Active Staff

Licensure

New Jersey State

Certification

American Board of Orthopaedic Surgery 1994
Certificate of Added Qualifications in Surgery of the Hand 1995
Recertification: American Board of Orthopaedic Surgery 2005, 2015, 2025
Recertification: Combined Orthopaedics and Hand, American Board of Orthopaedic Surgery
1/1/2025-12/31/2034

Professional Organizations

American Society for Surgery of the Hand, Active Member
American Academy of Orthopaedic Surgeons, Active Fellow
New York Society for Surgery of the Hand, Member
Medical Society of New Jersey, Member

Teaching and Clinical Responsibilities

UMDNJ Robert Wood Johnson University Hospital Orthopaedic Residents:
Lectures, Grand Rounds, Journal Club, Surgical Technique and Clinical Skills

Presentations

May 22, 1990	Chronic Lunotriquetral Instability: Diagnosis and Treatment. New York Society for Surgery of the Hand, Resident's Night. New York, New York.
October 26, 1990	Chronic Lunotriquetral Instability: Diagnosis and Treatment. The American Society for Hand Surgery. Boston, Massachusetts.
March 07, 1991	Chronic Lunotriquetral Instability: Diagnosis and Treatment.

	American Academy of Orthopaedic Surgeons, Fifty-Eighth Annual Meeting. Anaheim, California.
March 11, 1991	Shoulder Strength with Rotator Cuff Tears: Preoperative and Postoperative Analysis. American Academy of Orthopaedic Surgeons, Fifty-Eighth Annual Meeting. Anaheim, California.
March 13, 1991	The Effect of Distal Clavicle Excision on Repairs of the Rotator Cuff. American Academy of Orthopaedic Surgeons National Resident's Conference. Ann Arbor, Michigan.
June 10, 1992	Silicone-Rubber Metacarpophalangeal Joint Arthroplasty in Rheumatoid Arthritis: Long-Term Results. Philadelphia Hand Society Annual Resident's and Fellows' Scientific Paper Competition. Philadelphia, Pennsylvania.
June 10, 1992	Scaphoid Excision and Capitulate Arthrodesis for Radioscaphoid Arthritis. Philadelphia Hand Society Annual Residents' and Fellows' Scientific Paper Competition. Philadelphia, Pennsylvania.
November 11, 1992	Silicone-Rubber Metacarpophalangeal Joint Arthroplasty in Rheumatoid Arthritis: Long-Term Results. American Society for Surgery of the Hand, Forty-Seventh Annual Meeting. Phoenix, Arizona.
October 01, 1993	Silicone-Rubber Trapezial Implant Arthroplasty for Basilar Thumb Osteoarthritis: Long-Term Results. American Society for Surgery of the Hand. Forty-Eighth Annual Meeting. Kansas City, Missouri.
October 23, 1993	Wrist Arthrography: Assessment of Ligament Integrity. American Orthopaedic Society for Sports Medicine Specialty Day. New Orleans, Louisiana.
October 26, 1994	Wrist Arthrography and MRI: Assessment of Ligament Integrity in Asymptomatic Adults. American Society for Surgery of the Hand, Forty-Ninth Annual Meeting. Cincinnati, Ohio.
October 17, 1998	The Role of the Coronoid Process in Elbow Stability: A Biomechanical Analysis. Eastern Orthopaedic Association, Twenty-Ninth Annual Meeting. Dorado, Puerto Rico. Winner of 1998 Founder's Award.
October 17, 1999	The Role of the Coronoid Process in Elbow Stability: A Biomechanical Analysis. Jefferson Hand Club, Sixteenth Annual Meeting. Philadelphia, Pennsylvania.

February 7-11, 2025

Wang C, Daniels J, Devine D, Simon M, Kirschenbaum D, Katt B. Evaluating the Safety of Early Return-to-Play in Athletes Suffering from Metacarpal and Scaphoid Fractures: A Systematic Review. Poster Presentation, February 2025. Orthopaedic Research Society, Phoenix, AZ.

Abstract Publications

Kirschenbaum, David, Coyle, Michael P. and Leddy, Joseph P.: Chronic *Lunotriquetral Instability: Diagnosis and Treatment*. Orthopaedic Transactions, JBJS, Volume 15: 153, 706, 1991.

Kirschenbaum, David, Coyle, Michael P., Leddy, Joseph P., Katsaros, Polixeni and Tan, Fernando: *Shoulder Strength with Rotator Cuff Tears: Pre- and Postoperative Analysis*. Orthopaedic Transactions, JBJS, Volume 15, 803, 1991.

Gatt, Charles J. and **Kirschenbaum, David**: *The Effect of Distal Clavicle Excision on Repairs of the Rotator Cuff*. Orthopaedic Transactions, JBJS, Volume 16: 321, 1992.

Kirschenbaum, David, Schneider, Lawrence H., Adams, David C. and Cody, Ronald P.: *Silicone-Rubber Metacarpal Joint Arthroplasty in Rheumatoid Arthritis: Long-Term Results*. Orthopaedic Transactions, JBJS, Volume 17: 348, 1993.

Kirschenbaum, David, Loeb, Debra M., Sieler, Shawn D. and Mezrich, Reuben S.: *Wrist Arthrography and MRI: Assessment of Ligament Integrity in Young Asymptomatic Adults*. Orthopaedic Transactions, JBJS, Volume 19: 127, 1995.

Closkey, Robert F., Goode, Joel R, **Kirschenbaum, David** and Zawadsky, Joseph P.: *The Role of the Coronoid Process in Elbow Stability: A Biomechanical Analysis*. Orthopaedic Transactions, JBJS, Volume 22: 1034, 1999.

Refereed Original Publications

Kirschenbaum, David, Albert, Michael C., Robertson, William W. and Davidson, Richard S.: *Complex Femur Fractures in Children: Treatment with External Fixation*. Journal of Pediatric Orthopaedics, 588-591, 1990.

Kirschenbaum, David, Schneider, Lawrence H., Adams, David C. and Cody, Ronald P.: *Arthroplasty of the Metacarpophalangeal Joints With Use of Silicone-Rubber Implants in Patients Who Have Rheumatoid Arthritis: Long-Term Results*. Journal of Bone and Joint Surgery, 75-A:3-12, January, 1993. 1992 AOA-Zimmer Annual Travel Awards Competition for Hand Fellows – 2nd Place.

Kirschenbaum, David, Coyle, Michael P., Leddy, Joseph P., Katsaros, Polixeni, Tan, Fernando and Cody, Ronald P.: *Shoulder Strength With Rotator Cuff Tears: Pre- and Postoperative Analysis*. Clinical Orthopaedics and Related Research, 288: 174-178, March 1993.

Kirschenbaum, David, Schneider, Lawrence H., Kirkpatrick, William H., Adams, David C. and Cody, Ronald P.: Scaphoid *Excision and Capitulate Arthrodesis for Radioscaphoid Arthritis*. Journal of Hand Surgery. 18A: 780-785, 1993.

Kirschenbaum, David, Coyle, Michael P., Leddy, Joseph P.: Chronic *Lunotriquetral Instability: Diagnosis and Treatment*. Journal of Hand Surgery. 18A: 1107-1112, 1993.

Kirschenbaum, David, Sieler, Shawn D., Solonick, Douglas, Loeb, Debra M. and Cody, Ronald P.: Arthrography of the Wrist: Assessment of the Integrity of the Ligaments in Young Asymptomatic Adults. Journal of Bone and Joint Surgery, Volume 19: 1207-1209, 1995.

Kirschenbaum, David and Hunter, James M.: *Silicone Implant Replacement Arthroplasty of the Trapezium*. Operative Techniques in Orthopaedics, 6: 110-116, 1996.

Schneider, Lawrence H. and **Kirschenbaum, David**: Arthroplasty of the Metacarpophalangeal Joints. Operative Techniques in Orthopaedics, 6: 110-116, 1996.

Closkey, Robert F., Goode, Joel R. and **Kirschenbaum, David**: The Role of the Coronoid Process in Elbow Stability. Journal of Bone and Joint Surgery, Volume 82-A: 1749-1753, 2000.

Nasra, Matthew, Chen, Vivian, **Kirschenbaum, David** and Katt, Brian: *Posttraumatic Ulnar Translocation of the Carpus: A Case Report and Brief Review of the Literature*. Journal of Hand Surgery Global Online, 1-4, October 2021.

Simon, M., Gencarelli, P., Yang, J., Elkhechen, J., Avendano, J., **Kirschenbaum, D.**, Katt. B.: Postoperative Immobilization of Scaphoid Fractures: A Comprehensive Review of the Literature. Hand, 1-7, May 16, 2022.

B. Bueno, T. Smith, M. Lotito, J. Phelan, R. Epstein, B. Katt, **D. Kirschenbaum**: Successful Non-Operative Management of Metacarpophalangeal Collateral Ligament and Sagittal Band Rupture of the Long Finger: A Case Report, Cureus, 14 (6): e26231, June 23, 2022.

Smith TA, Bueno B, Phelan JV, Anand D, **Kirschenbaum D**, Katt BM: Stener-Like Lesions in the Hand: A Qualitative Review [published online ahead of print, 2023 May 22]. *Hand (N Y)*. 2023;15589447231171655. doi:10.1177/15589447231171655

Aryee JNA, Frias GC, Haddad DK, Guerrero KD, Chen V, Ling F, **Kirschenbaum D**, Monica JT, Katt BM. Understanding Variations in the Management of Displaced Distal Radius Fractures With Satisfactory Reduction. Hand (NY). 2024 Mar 8;15589447241233709. doi: 10.1177/15589447241233709. Epub ahead of print. PMID: 38456481.

Borole A, Trubiano J, Viqueira M, Kalahsti K, Stamos T, **Kirschenbaum D**, Katt BM. Intrinsic and Extrinsic Methods for Augmenting Fracture Healing in the Hand and Wrist. Cureus. 2024 Dec 2;16(12):e74972. Doi:10.7759/cureus.74972

Kirschenbaum ZA, Han Y, Vrindten KL, Wang H, Cody R, Katt BM, **Kirschenbaum D**. Matching Human Expertise: ChatGPT's Performance on Hand Surgery Examinations. *Hand* (N Y). 2025 Mar 20:15589447251322914. doi: 10.1177/15589447251322914. Epub ahead of print. PMID: 40114359.

Vrindten K, O'Leary CJ, Lee H, Amancharia, N, **Kirschenbaum D**, Katt BM. Management of Non-Thumb Volar Metacarpophalangeal Joint Dislocations: Case Series and Review of Literature. *HAND*. 2025, 0(0).

Wang C, Daniels J, Devine D, Simon M, **Kirschenbaum D**, Katt BM. Evaluating the safety of early return to play after metacarpal or scaphoid fracture: a systematic review. *Cureus*. 2026;18(2):e104379. doi:10.7759/cureus.104379

McKenna, Elise, Co, Nathaniel, Bracaccio, Hanna, Borole, Aryan, Soper, Blane, Han, Yuri, **Kirschenbaum, David**, Katt, Brian: Efficiency of Splinting in Managing Adult Trigger Finger: A Systematic Review of Short-Term Outcomes. *Journal of Hand Surgery Global Online*, Accepted for Publication, September 2025.

Blitz B, Racki S, Winters A, Dalal N, Romeo P, **Kirschenbaum D**, Katt B. Spontaneous midsubstance flexor tendon ruptures of the hand. *J Hand Surg Glob Online*. 2026;8:101004. doi:10.1016/j.jhsg.2026.101004

Dalal N, Blitz B, Racki S, Pizzo D, Katt BM, **Kirschenbaum D**. Unilateral incomplete coalition of the capitate, trapezoid, and trapezium with trapezoid fracture. *J Hand Surg Glob Online*. 2026;8:101009. doi:10.1016/j.jhsg.2026.101009

Computer Based Modules

Alpert, Justin, Epstein, Robert, **Kirschenbaum, David**, Kennedy, Eugene and Patel, Henal.: *Case in Point: Traumatic Arteriovenous Fistula*. American College of Radiology, September 7, 2015.